

St Francis GI endo Center

Bloomfield Surg Center

Manchester Hospital

360 Bloomfield Ave Suite 204

580 Cottage Grove Rd suite 211

4 Guard St

Windsor CT 860-683-9991 ext 106

860-242-2193

860-647-6464

PLENVU COLONOSCOPY PREP INSTRUCTIONS

!!Tell your GI provider if you are on ANY blood thinners such as (PLAVIX, COUMADIN, ELIQUIS, XARELTO, BRILINTA) ALSO Speak to your PCP/CARDIOLOGIST about stopping your blood thinner medication(s) prior to procedure.

****DIABETIC PATIENTS- DO NOT** use insulin or diabetic medications on the day of the procedure- **AVOID** sugar free items the day before your procedure, otherwise you will have low blood sugar.

AS SOON AS YOU WAKE UP ON _____ YOU CAN ONLY HAVE:

Water, apple juice, lemonade, BLACK coffee, BLACK tea, chicken/vegetable BROTH, yellow or green Gatorade, and yellow or green Jell-O. (**NOTHING RED OR PURPLE**)

At _____ on _____

- Take DOSE 1 pouch and mix with 16 oz of water and drink up within 30 mins.
- Then take 2 dulcolax(aka bisacodyl) and 2 simethicone(aka Gas X.) *Local pharmacy *
- Refill the container with at least 16 oz of water and drink over the next 30 mins.

At _____ on _____

- Take DOSE 2 (pouch A and pouch B) mix with 16 oz of water, drink within 30 mins.
- Then take 2 dulcolax(aka bisacodyl) and 2 simethicone(aka Gas X.)*local pharmacy*
- Refill the container with at least 16 oz of water and drink over the next 30 mins

***NOTHING** BY MOUTH 3 HRS BEFORE YOUR PROCEDURE.

****The day of your procedure you will need a ride to and from the facility****

*Remove ALL jewelry before procedure.

*If you have asthma-bring your inhaler to the facility.

***Take blood pressure and seizure med(s) with small sips of water the day of procedure.**

!IMPORTANT!To avoid \$100 cancellation fee please call Dr. Skopic's office 5 business days prior to procedure to cancel and or reschedule.

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ENDOSCOPY CODE-43235 43239